



Tracing Instructions:

To get the best results have someone trace your feet for you. We recommend that you trace onto a standard manila file folder, one folder per foot for large feet. If you have small enough feet you can use one folder, but only trace on one side of the page (we will be cutting out the shape of your foot). Any normal heavier weight paper will do fine too. Stand up straight, barefoot, and in a relaxed position with your feet at their most comfortable distance apart. For most people this is about shoulder width. Spread your toes, and then let them relax and try to remain relaxed throughout the tracing process, not moving until both feet have been traced completely. Keep your pen or pencil straight up and down as you follow the contours of your foot. If you have sensitive feet you may find that this tickles a bit.

If you prefer to trace your own feet, kneel on one knee, barefoot, with your weight on the foot being traced, and on a hard smooth surface. A sturdy coffee table is perfect for this. Be sure that your toes are somewhat spread out, like they would extend when you take a step. Be careful while tracing not to move your foot.

Be sure to write your name, style / color preference, and your typical shoe size on each tracing.